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Can Blood Flow Restricted Electrical Stimulations Treat or Prevent Muscle Damage

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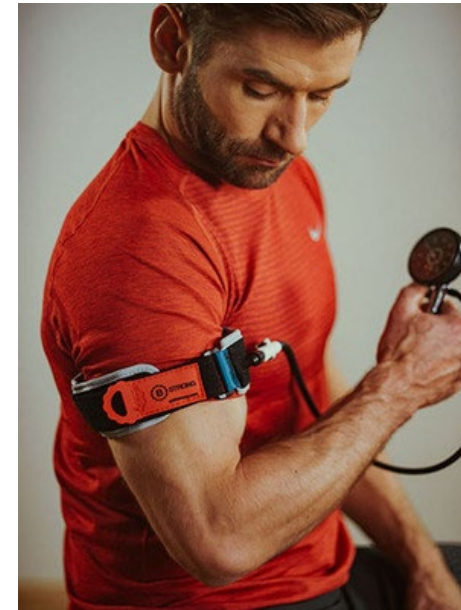
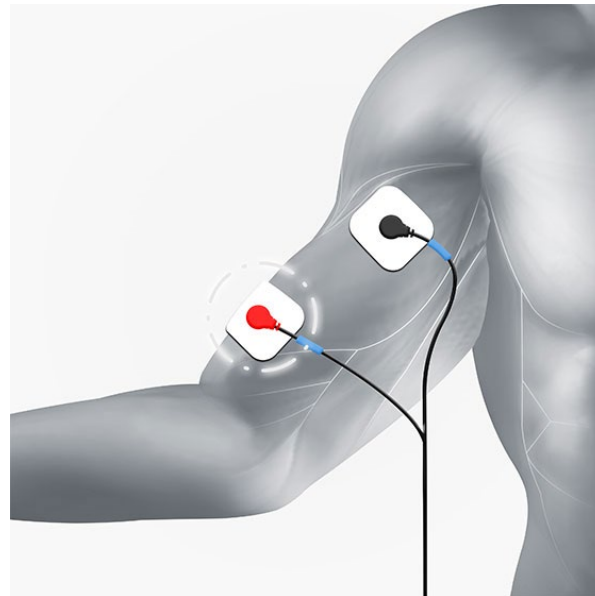
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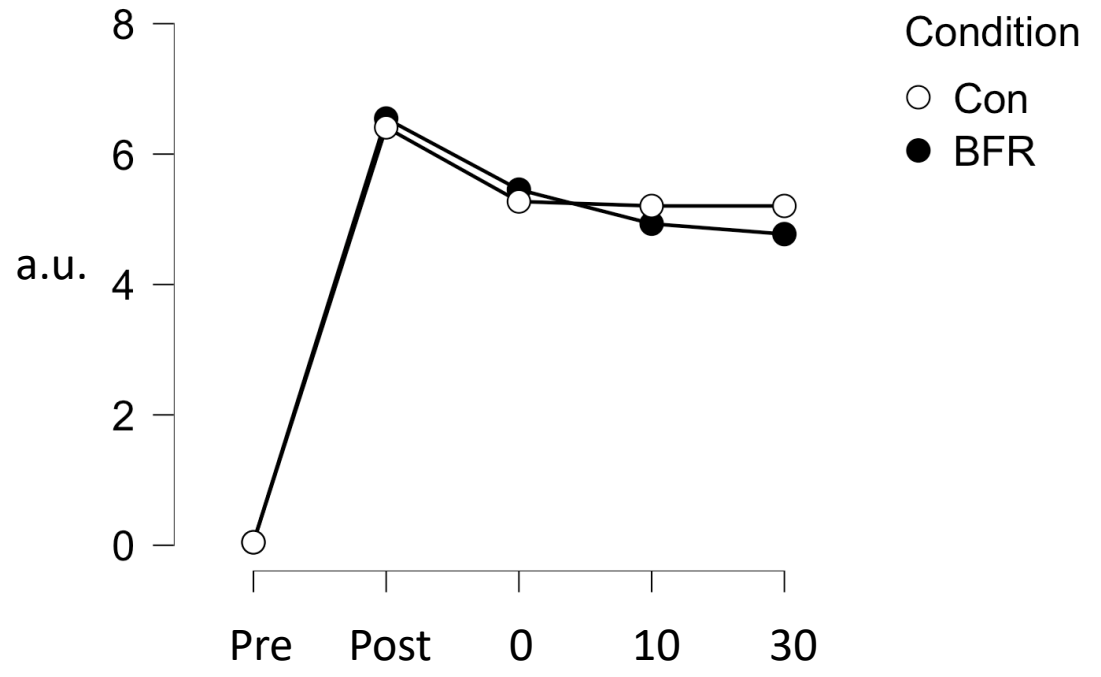
Can blood flow restricted electrical stimulations treat or prevent muscle damage?

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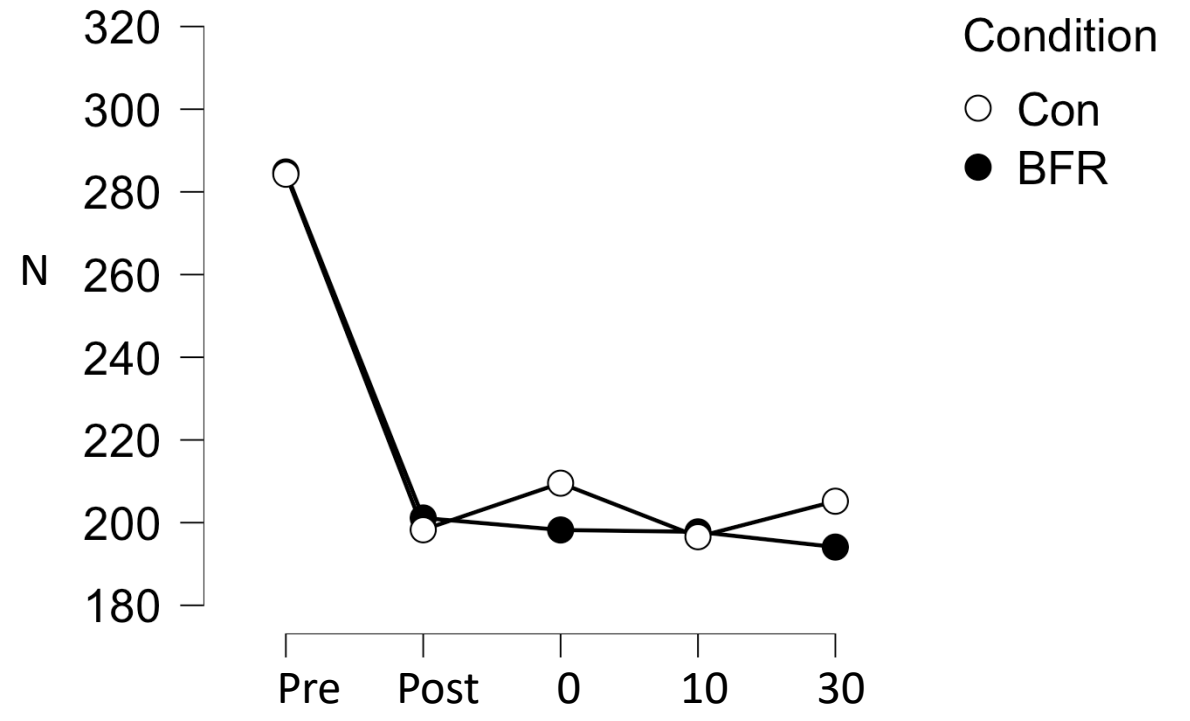


Treating Muscle Damage

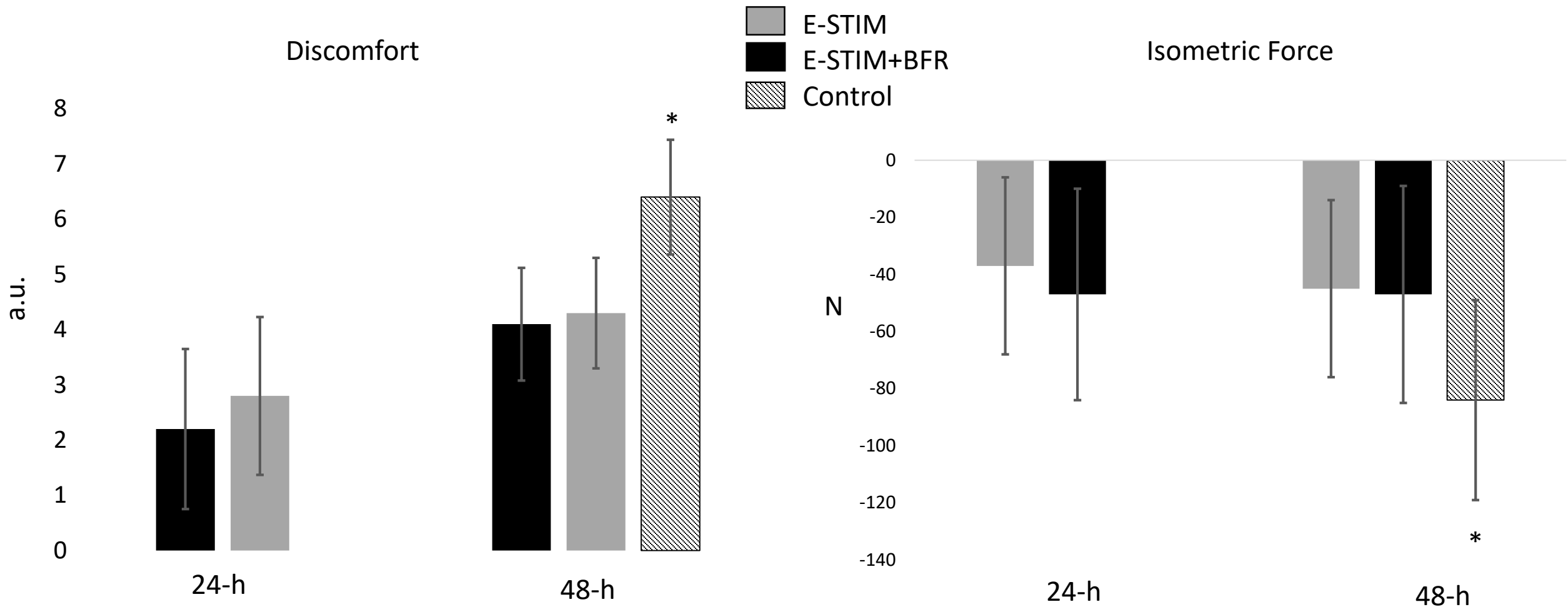
Discomfort



Isometric Force



Preventing Muscle Damage



Can blood flow restricted electrical stimulations treat or prevent muscle damage?