Articulations 2011

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Osteopathic Oath

I do hereby affirm my loyalty to the profession I am about to enter.

I will be mindful always of my great responsibility to preserve the health and life of my patients, to retain their confidence and respect both as a physician and a friend who will guard their secrets with scrupulous honor and fidelity, to perform faithfully my professional duties, to employ only those recognized methods of treatment consistent with good judgment and with my skill and ability, keeping in mind always nature's laws and the body's inherent capacity for recovery.

I will be ever vigilant in aiding in the general welfare of the community, sustaining its laws and institutions, not engaging in those practices which will in any way bring shame or discredit upon myself or my profession.

I will give no drugs for deadly purposes to any person, though it be asked of me.

I will endeavor to work in accord with my colleagues in a spirit of progressive cooperation and never by word or by act cast imputations upon them or their rightful practices.

I will look with respect and esteem upon all those who have taught me my art. To my college I will be loyal and strive always for its best interests and for the interests of the students who will come after me.

I will be ever alert to further the applications of basic biologic truths to the healing arts and to develop the principles of osteopathy which were first enunciated by Andrew Taylor Still.
UMDNJ-School of Osteopathic Medicine Campus

Academic Center

Science Center

University Education Center

University Doctors Pavilion

UMDNJ

School of Osteopathic Medicine

University of Medicine & Dentistry of New Jersey
Congratulations to you - the UMDNJ-School of Osteopathic Medicine Class of 2011! I am very proud of each one of you for achieving this milestone. I hope you look back on your time at UMDNJ-SOM with fond memories of student life, your fellow graduates, the faculty, learning and ultimately earning your Doctor of Osteopathic Medicine degree. Although graduation is often associated with the end of your efforts, this is truly a beginning in many ways. You are entering a new stage of your life where you will apply your unique skills to relieve suffering and always, continue to learn. Regardless of the discipline or area of medicine you aspire to practice, be passionate about learning and most importantly, committed to healing.

You have embarked on your medical career during the most extraordinary time in the history of medicine. Not only will you benefit from having received your medical education and training at the nation’s finest osteopathic medical school, but you will also benefit from the abundance of research, invention, and technology that is available today to eradicate disease and prevent illness more effectively than ever.

Remember always, no drug can replace the empathy and healing hands of a well-trained, attentive and dedicated osteopathic physician. Also remember, each time you see a patient, you reaffirm the great oath you took at Convocation calling for you to respect and safeguard each patient you encounter. I know that you have been fully prepared to meet every challenge and possess the knowledge and skills to achieve all of your goals of becoming great physicians.

The tremendous commitment and involvement in our school by our growing alumni demonstrates their appreciation for how SOM has prepared them for their career in medicine, as well as their belief in the excellence yet to come at UMDNJ-SOM. It has been my privilege and honor to have been afforded this opportunity to serve you.

On behalf of the administration, I welcome you to the Alumni Association and trust that you will always consider yourself an important part of the UMDNJ-SOM family.

Congratulations to you and best wishes in all of your professional endeavors.

Thomas A. Cavalieri, D.O., FACOI, FACP
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Instructor

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Venkateswar Venkataraman, Ph.D.
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Instructor
Halina Kedziora, M.D.
Clinical Assistant Professor
"Let your mind start a journey through..."
...a strange new world."
Erich Fromm
“Let’s face it, friends make life a lot more fun.”

Charles R. Swindell
“You better cut the pizza into four pieces because I’m not hungry enough to eat six.”

Yogi Berra
“Success is not a place which one arrives, but rather the spirit with which one undertakes and continues the journey.”

Alex Noble
"None of us is as smart as all of us."

Ken Blanchard
“If you obey all the rules, you miss all the fun.”
Katherine Hepburn
“It’s been a pretty fun ride, to tell you the truth.”
R. Lee Ermey
“Babies are such a nice way
to start people.” Don Herold
“Hear no evil, speak no evil...
...and you’ll never be invited to a party.”
Oscar Wilde
“Let the workers organize. Let the toilers assemble.”

John L. Lewis
"The physician should not treat the disease, but the patient who is suffering from it.”

Maimonides
"I’m glad I did it, partly because it was worth it..."
...but mostly because I shall never have to do it again.”

Mark Twain
“Joy is not in things, it is in us.”
Richard Wagner
"The surest way to make a monkey of a man is to quote him."

Robert Benchley

"It's pretty clean; it's not like you're in there pounding feces." - M

"Sex is like playing the piano... you get better with practice." - O

"Muscles are shellfish." - J

"Does anyone in the class have epilepsy, because we are going to use a strobe light for this presentation?" - E

"So now..." - F

"We need to go down to 5 north, 6th is an anti-pushup floor." - I

"AAARRRGHHHHH!" - A

"Be on time." - B

"Stop the dumbness!" - H

"Asking about GTP in biochemistry is like reading the bible and asking who Jesus Christ is." - L

"Malassezia furfur." - G

"Point and shoot." - N

"COXSACKIE!!" - K

"Don't check a cremasteric reflex on girls!" - C

"Build me a neoplasm." - D

Answers: A) DR. Y B) DR. Knueger C) DR. Carasia D) DR. Derisio E) DR. Delassandro
Jamie Andrews, D.O.

Williamstown, NJ
M.S. • George Washington University
UMDNJ-SOM/Kennedy Lourdes, Family Medicine

Albert Orteza Antonio, D.O.

Piscataway, NJ
B.S. • Georgetown University
Morristown Memorial Hospital, Pediatrics

"In the end, it's not the years in your life that count. It's the life in your years."
-Abraham Lincoln
Marina Arutyunyan, D.O.

North Brunswick, NJ
M.P.H. • Rutgers University
University of Massachusetts Medical School, Obstetrics & Gynecology

Thank you to my family & friends for supporting me on this long journey. I could not have done this without all of you! Good luck class of 2011!

Jodie Ann Bachman, D.O.

Turnersville, NJ
M.B.S. • Elizabethtown College
UMDNJ-SOM/Kennedy/Lourdes, Internal Medicine

Thank you to my family & friends for supporting me on this long journey. I could not have done this without all of you! Good luck class of 2011!
Stephanie Bauer, D.O.
Voorhees, NJ
B.S. • University of California, Santa Barbara
UC San Francisco, Emergency Medicine

Carolyn Botros, D.O.
Kearny, NJ
B.S. • The College of New Jersey
Morristown Memorial Hospital, Obstetrics & Gynecology

First and foremost, I thank God for my success in the last four years. I am also grateful of my mom, dad, Irene and Marlene. I couldn’t have survived without your support! CONGRATULATIONS class of 2011, we did it!
Nils Viesturs Brolis, D.O.

Williamstown, NJ
B.A. • Rutgers University
UMDNJ-SOM/Kennedy/Lourdes, Family Medicine

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Jackson, NJ
B.S. • Lafayette College
Albert Einstein Medical Center, Psychiatry
Oliver C. Chang, D.O.

Marlboro, NJ
B.S. • Rutgers University
South Jersey Healthcare, Family Medicine

“Don’t Stop Believing. Hold on to that feeling...”
- Journey

Elton C. Chen, D.O.

Stratford, NJ
B.S. • University of California, San Diego
University of Missouri - Kansas City, Anesthesiology
Jeanine M. Chiaffarano, D.O.

Asbury, NJ
B.S. • Villanova University
UMDNJ-Robert Wood Johnson Medical School, Pathology

“The future depends on what we do in the present.”
- Mahatma Gandhi

Elizabeth H. Chisholm, D.O.

Waterford Township, NJ
B.S. • The College of New Jersey
Duke University Medical Center, Family Medicine

Thank you to my family and friends who have supported me throughout the four years of medical school.
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UMDNJ-SOM/Kennedy/Lourdes, Family Medicine

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St. Peter’s University Hospital, Internal Medicine
Emilia Kathleen Connolly, D.O.

San Francisco, CA
B.A. • Smith College
Jefferson Medical College/Al duPont Hospital for Children, Pediatrics

SF fortune cookie “Nature, time and patience are the three great physicians”

Monique Cunningham-Lindsay, D.O.

Brooklyn, NY
B.S. • Long Island University
Morehouse School of Medicine, Pediatrics

“For unto whomsoever much is given, of him shall be much required:
and to whom men have committed much, of him they will ask the more.”
Luke 12:48
Nicholas Dalessandro, D.O.
Lewisburg, PA
B.S • Lycoming College
Crozer-Chester Medical Center, Internal Medicine

Thank you so much to my family and friends. Without your continuous support, I know that I could never have had so much success and happiness.

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UMDNJ-SOM/Kennedy/Lourdes, Orthopedic Surgery
Kimberly Deery, D.O.
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M.B.S. • UMDNJ-Graduate School of Biomedical Science

Michael C. Desiderio, D.O.
Martinsville, NJ
M.Eng. • Stevens Institute of Technology
Cleveland Clinic Foundation, Internal Medicine

“The rule of the artery is absolute, universal, and it must be unobstructed, or disease will result.”
- A.T. Still
Sukhdeep S. Dhesi, D.O.
Monroe Township, NJ
B.A. • Rutgers University
Albert Einstein Medical Center, Internal Medicine

Chris Leo D. Dionaldo, D.O.
Lakewood, NJ
M.S. • Montclair State University
Geisinger Health System, Pediatrics

“...the highest forms of understanding we can achieve are laughter and human compassion.”
- Richard Feynman

Well done, everyone.
Stephanie Kydd Dondero, D.O.

Riverdale, NJ
M.B.S. • Cornell University
UNECOM/St. Michael's Hospital, Internal Medicine

Patricia Louise Eaton, D.O.

Bridgewater, NJ
B.S. • University of Delaware
Morristown Memorial Hospital, Pediatrics

Thank you to all my friends and family for your incredible support (esp T.J., Mom, Dad, Annemarie and Laura). I could never have achieved this without you. I am truly blessed.
Neely Schwartz Elisha, D.O.

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South Jersey Healthcare, Obstetrics & Gynecology

It's been an interesting and busy four years. Thank you to everyone for sharing it with me and thank you to my family for helping me through it all. We have all worked hard and I know we will all succeed in our professions, as well as in life.

“Success’ To laugh often and much, to win the respect of intelligent people and the affection of children, to earn the appreciation of honest critics and endure the betrayal of false friends, to appreciate beauty, to find the best in others, to leave the world a bit better, whether by a healthy child, a garden patch, or a redeemed social condition; to know even one life has breathed easier because you have lived. ‘This is to have succeeded!’ - Ralph Waldo Emerson

Syrita S. Farrow, D.O.

New York and Marlton, NJ
M.S. • Thomas Jefferson University
UMDNJ-SOM/Kennedy/Lourdes, Emergency Medicine

Planning my next vacation already.
Claudio M. Fernandez, D.O.

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M.S. • Montclair State University
UMDNJ-SOM/Kennedy/Lourdes, Internal Medicine/Emergency Medicine

“If you can’t explain it simply, you don’t understand it well enough.” - A. Einstein
Thanks for all your support, love you Mom!

Diana Liz Figueroa, D.O.

Valrico, FL
B.S. • University of Florida
UMDNJ-SOM/Kennedy/Lourdes, Internal Medicine

“Life is like a card game. The hand that is dealt to you represents determinism; the way you play it is free will.”
- Jawaharl Nehru
Robert Michael Flowers, D.O.

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Atlantic Health/Overlook Hospital, Family Medicine

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University of South Florida College of Medicine, Emergency Medicine

“Praise the bridge that carried you over.”
-George Colman
Lauren Marie Georgiades, D.O.
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Bethel, CT
M.P.H. • University of Pennsylvania
LECOM/UPMC St. Margaret, Family Medicine

“It is more important to know what sort of person has a disease than to know what sort of disease a person has.”
- Hippocrates
Orlee Hamer, D.O.

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Lori M. Hener Freetage, D.O.

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Tripler Army Medical Center, Radiology

“Fundamentally, the marksman aims at himself!” - Zen in the Art of Archery

Search me, O God, and know my heart; try me, and know my thoughts:
and see if there be any wicked way in me, and lead me in the way everlasting. - Psalm 139

Jenaro John Hernandez, D.O.

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PCOM/Christiana Care Health System, Internal Medicine

Enjoy your achievements as well as your plans.
Keep interested in your own career, however humble,
it is a real possession in the changing fortunes of time.
- Author Unknown
Laura Jennette Hesselink, D.O.
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UMDNJ-Robert Wood Johnson/Cooper, Psychiatry

“Whatever you are, be a good one.”
- Abraham Lincoln

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“Running water never grows stale”
Elizabeth Theresa Jasolosky, D.O.

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UNECOM/Kent Hospital, Family Medicine

People may forget what you said,
people may forget what you did,
but they will never forget how you made them feel...

David Jerome, D.O.

New York, NY
M.B.S. • Iona College

First, I give glory to God for being with me through it all. Thank you to my family, Maritza, Mike, Thamar, Marie-Claire, Mom & Dad, and of course my son, David. I couldn’t have made it without you all.
Kimberly Jones-Mudd, D.O.
Philadelphia, PA
M.B.S. • UMDNJ-GSBS
Bryn Mawr Hospital, Family Medicine

“I can do all things through Christ which strengtheneth me.” Philippians 4:13

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Crozer-Chester Medical Center, Pediatrics
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North Philadelphia Health System, Traditional Rotating
Johns Hopkins, Physical Medicine & Rehabilitation

I dedicate this page to my beloved mother, supportive husband, beautiful children, and loving circle of family and friends. Thank you for supporting me during this process. Whether family, friend, mentor or teacher, I have been blessed by your presence in my life. Thank you! Che and Luke, my delicious little angels, you make my life richer and fuller every day. Please use my journey as an example that you are capable of anything into which you put your heart, mind and soul. Never let anyone tell you what you cannot do or limit your potential. You are fearfully and wonderfully made by God and NO ONE can take this away from you. I hope that I’ve made you proud! If the LORD delights in a man’s way, He makes his steps firm; though he stumble, he will not fall, for the LORD upholds him with his hand.
- Psalm 37:23-24

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I stumbled upon an article written about Eleanor Roosevelt entitled “Finding the Courage to Face Your Fears”. She said, “You gain strength, courage and confidence by every experience in which you really stop to look fear in the face”. Words I try to live by. Mom, my only wish is that you could be here now to share in the joy of this accomplishment and see how much I’ve grown. I hope that I have made you proud.
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MWU-CCOM/Advocate Masonic Medical Center, Traditional Rotating
Thomas Jefferson University, Physical Medicine & Rehabilitation
Gabriel Salomon Lerman, D.O.

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Mercy Catholic Medical Center, Internal Medicine

Dedicated to my wife, for her love and support.
My children who always had faith in me.
My family, who supported us and never let us fall.
To my classmates, remember to chase your dreams with heart and dedication.

Clare Lipperini, D.O.

Collingswood, NJ
B.S. • Fordham University
Jefferson Medical College/Al duPont Hospital for Children, Pediatrics
David Lubinsky, D.O.
Bridgewater, NJ
M.A. • Brandeis University
Temple University Hospital, Psychiatry

Jared Thomas Martin, D.O.
Sea Cliff, NY
M.A. • Rutgers University
Thomas Jefferson University, Emergency Medicine

What an adventure we had together! What a greater adventure we still have ahead! Every one of you impressed me and made feel so proud to be a part of this team. I wish us all success and satisfaction.
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South Jersey Healthcare, Obstetrics & Gynecology

Osteopathy is a science. Its use is the healing of the afflicted. It is a philosophy which embraces surgery, obstetrics, and general practice. An osteopath must be a man of reason and prove his talk by his work. He has no use for theories unless they are demonstrated.

- A. T. Still
Matthew James Meigh, D.O.
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UNECOM/St. Joseph’s Hospital & Medical Center, Emergency Medicine

“The whole word steps aside for the man who knows where he is going.”
- Anonymous

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Cleveland Clinic Foundation, Internal Medicine

Mena Mirhom, D.O.

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Jesus is faithful...always.
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Thank you to Meryl, Mom, Dad, Josie, Bob, Pete, Caroline, Justin, Fran, Rob, Tom, Maryann, Maggie, Luke, Emily, Marcia, Pete and Petey for their unconditional love and support. Love you guys!
John Anthony Pennisi, D.O.

Delran, NJ
B.S. • The College of New Jersey
UMDNJ-SOM/Kennedy/Lourdes, Family Medicine

No, I will not fix your computer.

Cory A. Perugino, D.O.

Pompton Plains, NJ
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UMDNJ-SOM/Kennedy/Lourdes, Family Medicine

I would like to thank my family for their love and support throughout my life and in medical school. I would like to thank YL for helping me get through medical school and keeping me sane.

Mishanta Deneen Reyes, D.O.
Bronx, NY
B.S. • Georgia Institute of Technology
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At the outset, I want to acknowledge that this could not have been conceived without God's help. I want to thank my Mom and Dad for your love, support, motivation, trust and for teaching me the value of being anything but ordinary in this world. Thank you for always believing in me. Also, I want to thank Maria Cristina Cordero for loving me from the first day we met and for your encouragement, support and motivation throughout my medical school education. To all family and friends, thank you for being a special part of my life. Lastly, I thank Dr. Paul M. Krueger for allowing me to embark in my medical education and for being a great mentor.

“Brick walls let us show our dedication” - Randy Pausch
“At a cardiac arrest, the first procedure is to take your own pulse” - Samuel Shem
“There is sufficiency in the world for man’s need but not for man’s greed.” - Gandhiji
Jessica Lynn Roeske, D.O.

Mays Landing, NJ
B.S. • The Richard Stockton College of New Jersey
Atlanticare Regional Medical Center, Internal Medicine

Trust in the Lord with all your heart; do not depend on your own understanding.
Seek his will in all you do, and he will direct your paths. Proverbs 3:5-6

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Christiana Care, Transitional Year
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This world is change; this life, opinion. IV.3
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Temple University Hospital, Radiology

“Everything you need is already inside”

Tameka M. Scott, D.O.

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Anthony Louis Shadiack, D.O.
Toms River, NJ
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If you can dream it, you can do it. -Walt Disney

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Kristen Renee Spencer, D.O.
Oakhurst, NJ
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UMDNJ-Robert Wood Johnson/Piscataway, Internal Medicine

“When you leave here, don’t forget why you came.” - Adlai Stevenson
Randel Lynn Swanson, II, D.O.

Jamestown, NY
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Temple University Hospital, Physical Medicine & Rehabilitation

Aylin Tanyeri, D.O.

Izmir, Turkey
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Wilford Hall USAF Medical Center/Lackland Air Force Base, Psychiatry

“The character that takes command in moments of crucial choices has already been determined. It has been determined by a thousand other choices made earlier in seemingly unimportant moments. It has been determined by all the little choices of years past - by all those times when the voice of conscience was at war with the voice of temptation - whispering the lie that it really doesn't matter. It has been determined by all the day-to-day decisions made when life seemed easy and crisis seemed far away - the decisions that, piece by piece, bit by bit, developed habits of discipline or of laziness, habits of self-sacrifice or of self-indulgence, habits of duty and honor and integrity - or dishonor and shame. Because when life does get tough, and the crisis is undeniably at hand - when we must, in an instant look inward for strength of character to see us through - we will find nothing inside ourselves that we have not already put there.”
Jennifer Q. To, D.O.

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Stephanie M. Torres, D.O.

Vineland, NJ
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“When we have the opportunity to help anyone, we should do it.” (Galatians 6:10)
Lord, thank you for this opportunity! Thanks and much love to my family, close friends and church!
Hina K. Trivedi, D.O.

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“All who have accomplished great things have had a great aim, have fixed their gaze on a goal which was high, one which sometimes seemed impossible.” - Orison Swett Marden

“The difference between the possible and the impossible lies in a person’s determination.”

To my family, thank you for your love and support.
You will never know how grateful I am to have you in my life.

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The Next to Last Blast

BEST WISHES FROM YOUR ALUMNI ASSOCIATION
Convocation
Congratulations Class of 2011!

THE 2011 YEARBOOK COMMITTEE
(l-r) Karandeep Jagpal, Oliver Chang, Kahyun Yoon-Flannery, Jennifer To, Claudio Fernandez, Carolyn Botros, Ayanna Kersey-McMullen, Jenna Gantner

Dear Classmates,

It feels like just days ago we had our White Coat Ceremony, but we have spent the last four years on a long journey to become physicians. The sugar train had it twists and turns, but ultimately we managed to arrive at our last stop – CONGRATULATIONS! WE MADE IT!!

At times our school work and rotations made us feel alone, but thankfully we are all blessed with the support of family members, friends, and loved ones. Throughout this journey we shared many personal milestones as a class – having formed new relationships, becoming engaged, getting married, having children and persevering through the passing of loved ones. We experienced many good times, and a few bad, together that in the end formed life-long friendships that we will treasure forever.

Thank you all for putting in the time to make this yearbook truly amazing. We would also like to thank Dean Micciche for all the guidance and support that he provided – not just for this yearbook, but for all four years of our time here at SOM – and Shanna Kurek, for the countless hours she spent helping us design layouts and dealing with us during all of our committee meetings! Again, Congratulations Class of 2011!

Sincerely,

Claudio M. Fernandez & the 2011 Yearbook Committee