Articulations 2007

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Osteopathic Oath

I do hereby affirm my loyalty to the profession I am about to enter.

I will be mindful always of my great responsibility to preserve the health and life of my patients, to retain their confidence and respect both as a physician and a friend who will guard their secrets with scrupulous honor and fidelity, to perform faithfully my professional duties, to employ only those recognized methods of treatment consistent with good judgment and with my skill and ability, keeping in mind always nature’s laws and the body’s inherent capacity for recovery.

I will be ever vigilant in aiding in the general welfare of the community, sustaining its laws and institutions, not engaging in those practices which will in any way bring shame or discredit upon myself or my profession.

I will give no drugs for deadly purposes to any person, though it be asked of me.

I will endeavor to work in accord with my colleagues in a spirit of progressive cooperation and never by word or by act cast imputations upon them or their rightful practices.

I will look with respect and esteem upon all those who have taught me my art. To my college I will be loyal and strive always for its best interests and for the interests of the students who will come after me.

I will be ever alert to further the applications of basic biologic truths to the healing arts and to develop the principles of osteopathy which were first enunciated by Andrew Taylor Still.
Dean’s Message
To the Class of 2007

Congratulations to you- the UMDNJ-School of Osteopathic Medicine Class of 2007! I am very proud of each one of you for achieving this milestone. I hope you look back on your time at UMDNJ-SOM with fond memories of student life, your fellow graduates, the faculty, learning and ultimately earning your Doctor of Osteopathic Medicine degree. Although graduation is often associated with the end of your efforts, this is truly a beginning in many ways. You are entering a new stage of your life where you will apply your unique skills to relieve suffering and always, continue to learn. Regardless of the discipline or area of medicine you aspire to practice, be passionate about learning and most importantly, committed to teaching.

You have embarked on your medical career during the most extraordinary time in the history of medicine. Not only will you benefit from having received your medical education and training at the nation’s finest osteopathic medical school, but you will also benefit from the abundance of research, invention, and technology that is available today to eradicate disease and prevent illness more effectively than ever.

Remember always, no drug can replace the empathy and healing hands of a well-trained, attentive and dedicated osteopathic physician. Each time you don your white coat, you are accepting the responsibility to carry out the work that you committed yourself to during your White Coat Ceremony. I know that you have been fully prepared to meet every challenge and possess the knowledge and skills to achieve all of your goals.

The tremendous commitment and involvement in our school by our growing alumni constituency sends a powerful message of their appreciation for how SOM has prepared them for their professional achievements, as well as their belief in the excellence yet to come at UMDNJ-SOM. It has been my privilege and honor to have been afforded this opportunity to serve you.

On behalf of the administration, I welcome you to the Alumni Association and trust that you will always consider yourself an important part of our growing family of physicians.

Congratulations to you and best wishes in all of your professional endeavors.

Thomas A. Cavalieri, D.O., FACOI, FACP
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UMDNJ-SOM ARTICULATIONS
Presenting the Class of 2007
(on their first day of Orientation)
Class of 2007 Babies - Guess Who?
See page number at bottom left corner to find out who’s who...
Eric Abbott, D.O.

Colorado Springs, CO
B.A. • Colorado College
UMDNJ-SOM/Kennedy Health System, Traditional Rotating

“I first and foremost give thanks to God, my Lord Jesus Christ, and beloved St. Germain for their many blessings in my life - this wouldn’t have been possible otherwise. Thank you Mom and Dad for all of your love and support. Thanks to my dear brother Jimmy for being there for me through this whirlwind. I have tremendous gratitude for my wonderful friends at SOM - Naresh, Doug, Dave, Pete and Dennis - to all of us I dedicate the following quote.”

“Now is the time to live your ideal life.”
- Cousineau

Olusunmade Adekunle, D.O.

Pine Hill, NJ
B.A. • Rutgers University
St. Barnabas Hospital, Emergency Medicine
Wasiu Adisa, D.O.
Brooklyn, NY.
M.S. • Rutgers University
UMDNJ-SOM/ Kennedy Health System, Internal Medicine/Emergency Medicine

Praise the LORD! Thanks to my family & friends for their support and prayers. Busola, I love you; you are the best gift God has given me. Durotimi, Yinka and ..., daddy loves you always. It’s been a great journey. To my classmates, “don’t live down to expectations. Go out there and do something remarkable” (Wendy Wasserstein).

Genna Albert, D.O.
Cherry Hill, NJ,
B.S. • Muhlenberg College
UMDNJ-SOM/ Kennedy Health System, Emergency Medicine
Shamsaad Ali, D.O.

Columbia, M.D.
B.S. • University of Maryland College Park
KCOM/Overlook Hospital, Summit, NJ, Internal Medicine

Dana Anglund, D.O.

Longmont, CO
B.S. • Cedarville College
St. Joseph Regional Medical Center, South Bend, IN, Family Medicine
Francis Apau, D.O.

Alexandria, VA
B.S.N. • Lycoming College
UMDNJ-SOM/ Kennedy Health System, Internal Medicine

Rickinder Bains, D.O.

Hillsborough, NJ
M.S. • Georgetown University
Loyola University Medical Center, Chicago, IL, Internal Medicine
Javid Baksh, D.O.
Monroe, NY,
B.S. • Bloomfield College
NYCOM/Sister's of Charity Hospital, SUNY, Buffalo, NY, Anesthesia

Roy Bardwell, Jr., D.O.
Robbins, IL,
B.S. • University of Illinois
St James Hospital, Olympia Fields, IL, Family Medicine

This journey has truly been a blessing. I am who I am, and I am where I am, because of God’s unmerited favor. Nothing that I’ve done has been on my own but because of the blessings that He has bestowed upon me: and the prayers and support of so many family members and friends along the way. Thank you Dad for “encouraging” me to study and thank you Mom for your unmoving love. What up Chi-Town, we coming back home!
B. Colin Bear, D.O.
Bridgeton, NJ
B.S. • Dickinson College
National Naval Medical Center, Bethesda, MD, Internal Medicine

Katrine Bengaard, D.O.
Wyckoff, NJ
B.A. • St. Olaf College

"After the sun had set, people with all kinds of diseases were brought to Jesus. He put his hands on each one of them and healed them."
Luke 4:40

I pray that I can be an excellent physician like my Lord. And it’s also nice to know that He was an osteopath!
Amy Calimlim, D.O.

Seattle, Washington
B.S. • University of Washington
UMDNJ-SOM/Kennedy Health System, Traditional Rotating

Thank you to my family and friends for inspiring me to fulfill my dream of becoming a doctor. Much love to my mom and dad, Bro and Lily, Chris and Aggie and my husband Brian.

Carpe Diem!
Andrew Caravello, D.O.

Wenonah, NJ
B.A. • Rutgers University
UMDNJ-SOM/Kennedy Health System, Internal Medicine/Emergency Medicine

Shirley Cardona, D.O.

Louisville, KY
B.A. • University of Louisville
UNECOM/St. Michael's Medical Center, Internal Medicine
A friend is a hand that is always holding yours, no matter how close or far apart you may be. A friend is someone who is always there and will always care. A friend is a feeling of forever in the heart.

I would like express appreciation for my friends and family who have aided me in pursuing my medical career. I will always have fond memories of the times spent together. I look forward to fortifying our relationship in the years to come.
Jessica Chow, D.O.
Lake Hiawatha, NJ
B.A. • Rutgers University

Helen Chukwu, D.O.
Oak Park, Illinois
M.S. • Purdue University
South Pointe Hospital, Ohio State University SOM, Internal Medicine

My medical school journey was filled with perseverance, hard work, victories, and even some tears. I have always had the desire to help others, as a human servant, and to become a part of something, such as Osteopathy, where the world of intellect and compassion both meet.

I thank UMDNJ-SOM staff/faculty members (especially Dr. Warren Wallace) for their sincere commitment to class diversity—which enriched my medical school experience.
Danielle Cooley, D.O.

Pine Hill, NJ
B.S. • University of North Carolina
UMDNJ-SOM/Kennedy Health System, Family Medicine

“Whatever doesn’t kill you, only makes you stronger.”

Aarti Dalal, D.O.

Reading, PA
B.A. • Boston University
University of Maryland, Hospital for Children, Pediatrics
Steven Daniel, D.O.

Woodybury, NY
B.A. • SUNY at Binghamton
UMDNJ-SOM/Christ Hospital, Family Medicine

Samaresh Dasgupta, D.O.

West Windsor, NJ
M.H.S. • Johns Hopkins University
Albert Einstein Medical Center, Philadelphia, PA, Emergency Medicine
Jennifer Dubay, D.O.

Rockford, Michigan
B.S. • Michigan State University
University of South Florida, Tampa General Hospital, Internal Medicine

I’d like to thank my family for their support and generosity, without which I don’t know how I would have made this dream come true. I will see you all in Florida.

Michelle C. Duhaney, D.O.

Boca Raton, Florida
B.S. • Florida Atlantic University
Broward General, Florida, Family Medicine

“Special thanks to my mom. Without her, medical school would have been intolerable. Her continued love is unremarkable. With her support, success was made inevitable and failure was made impossible”
Inna Elikashvili, D.O.
Cliffside Park, NJ
B.A. • New York University
Westchester Medical Center, Valhalla, NY, Pediatrics

Colleen Eng, D.O.
Jackson Heights, NY
B.A. • Cornell University
Hospital of the University of Pennsylvania, Family Medicine
Stacey England, D.O.
Pittsburgh, PA
B.S. • University of Pittsburgh
Penn State, Hershey Medical Center, Hershey, PA, Pediatrics

Thank you mom, dad, Mel (best sister in the world), Gram and Pap Stecik, and the rest of the family. I would not be who or where I am today without your help and support. Also, thank you Classmates and friends. For those of you who know me as Stacey ‘Meangland,’ thank you for all the fun times and for being my family away from home. I am going to miss you guys!

James Epperly, Jr., D.O.
M.P.T. • MCP Hahnemann University
Albert Einstein Medical Center, Philadelphia, PA, Emergency Medicine
Nikki Fox, D.O.
Oklahoma, OK
B.S. • University of Central Oklahoma
Bay Area Corpus Christi Medical Center. Corpus Christi, TX, Traditional Rotating

Hawwa Frazier, D.O.
Jersey City, NJ
B.S. • Howard University
Christ Hospital, Jersey City. Family Medicine

To whom much is given...much is required!!!

“As for every man to whom GOD has given riches and wealth, and power to enjoy them, to receive his heritage and rejoice in his labor...this is the gift of GOD. (Ecclesiastes 5:19)
Joseph Gambale, D.O.

Berlin, NJ
B.S. • Villanova University
UMDNJ-SOM/ Kennedy Health System, Internal Medicine

Matthew Gettings, D.O.

Rutgers, NJ
The Richard Stockton College of New Jersey
UMDNJ-SOM/ Kennedy Health System, Family Medicine
Anjali Godambe, D.O.

South Barrington, IL
M.S. • Drexel University
Loyola University Medical Center, Chicago, IL, Pathology

My family: Your commitment to my education, limitless support, and deepest love are my life’s gifts. I treasure and adore you; Mom: When I think of the adult I want to be, she is you; Dad: I aspire to your work ethic, integrity, and dedication to family; Sonia: Your experience, advice, and love has shown me how to excel; My Girls: You are the stars that have illuminated my sky. You have shown me how to find my way; Rick: Oh, how happy you have made me.

David Hicks, D.O.

Willingboro, NJ
M.P.H. • University of Pittsburgh
PCOM/Christiana Care-Riverside, Wilmington, DE, Family Medicine
Dennis Ho, D.O.

Jersey City, NJ
B.S. • Massachusetts College of Pharmacy and Health Sciences
Texas Tech University, Lubbock, TX, Anesthesiology

Becky Hwang, D.O.

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B.F.A. • University of Texas
Christ Hospital, Jersey City, NJ, Traditional Rotating

Thanks to my entire family - Mom, Dad, Joanne, Michelle, Jake, Sooki, Sue, Alex, Leela, Christian, Sammy, and Anna for all your love and support. Special thanks to Steve for always being so wonderful. Good luck to all of my classmates 2007 SOMer’s. Best wishes in all your future endeavors. Veni, Vidi, Vici
Mohammed Islam, D.O.

Atlantic City, NJ
B.S. • The Richard Stockton College of New Jersey
Drexel University/MCP Hahnemann, Philadelphia, PA, Internal Medicine

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B.A. • New York University

Allana Lee, D.O.

Marlton, NJ
B.A. • University of Pennsylvania
Hartford Hospital/Institute of Living, Hartford, CT. Psychiatry- Integrated Child and Adolescent Psychiatry

"You can know the name of a bird in all the languages of the world, but when you’re finished, you’ll know absolutely nothing whatever about the bird... So let’s look at the bird and see what it’s doing -- that’s what counts. I learned very early the difference between knowing the name of something and knowing something." (Richard Feynman)
Remember, treat the whole person not just the disease.
Michael Luceri, D.O.

Boca Raton, FL
B.S. • University of Florida
DuPont Children's Hospital, Wilmington, DE, Pediatrics

"Be who you are and say what you feel, because those who mind don’t matter and those who matter don’t mind" Dr. Seuss

I would like to thank my wonderful family and friends back home for standing beside me and trusting me in my decision to leave home for medical school. I would also like to thank my girlfriend, Patricia, as well as my new family and friends up here for making me feel at home and for helping me get through these past four years. I love you all and could not have done this without each and every one of you!

Khayriyyah Mack, D.O.

Deptford, NJ
B.A. • Rutgers University
Crozer Keystone, Family Medicine

Another end to an ever so long, yet so short, journey...much more than med school. Challenging, pleasant, eye opening, heart breaking, and fun. Thank you Mom, Dad & Khayri. Thank you Ma-ma. You’ve taught me to keep focused while trying to keep my mind at rest, empowered me, and what honestly means – all invaluable lessons. Forever is not guaranteed. I am but your servant Allah, and I thank you for this blessed road, bumps and all. –Kmack
Alison Mancuso, D.O.

Long Valley, NJ
B.A. • Rutgers University
UMDNJ-SOM/ Kennedy Health System, Family Medicine

Thank you to my husband Vinnie, for all of his love and support in my journey to and through medical school. Thank you to my parents, my sister, my brother, my parents-in-law and my sister- and brother- in law for always being there for me. I could never have made it through all of medical school without each one of you. Congratulations and best wishes to all of my fellow graduates. I know you will all make outstanding physicians in your chosen fields.

Megan Maurer, D.O.

Fairfield, PA
B.S. • The Pennsylvania State University
Altoona Family Physicians, Altoona, PA. Family Medicine

“Always laugh when you can. It is cheap medicine.” —Lord Byron

“A woman is like a tea bag – You never know how strong she is until she gets in hot water.”

—Eleanor Roosevelt

“When you get to the end of your rope, tie a knot and hold on.” —Franklin Delano Roosevelt
John McCartney, D.O.

Easton, PA
M.A. • Lehigh University
PCOM/St. Luke's Hospital, Bethlehem, PA, Internal Medicine

Kathleen McGinley, D.O.

Lumberton, NJ
B.S. • Chestnut Hill College
UMDNJ-SOM/ Kennedy Health System, Traditional Rotating Internship

“The future belongs to those who believe in the beauty of their dreams.”
- Eleanor Roosevelt

I am deeply grateful to those who believed in my dreams and encouraged me to reach for the sky. To my precious family and friends, thank you for your love, humor, and unwavering support. To my fellow doctors in the Class of 2007, I wish you much happiness and success as you pursue your dreams.
Mary Ann McLaughlin, D.O.
Allenhurst, NJ
M.S.N. • San Diego State University
Hospital of the University of PA, Philadelphia, PA, Family Medicine

Patricia Mento, D.O.
Marlton, NJ
B.S. • University of the Sciences in Philadelphia
UMDNJ/Kennedy Health System, Internal Medicine

I would like to thank my Mom and Dad for always encouraging my dream of becoming a doctor. I would also like to thank my siblings, Michelle, Joe, and Sandra, all the Mentos and O’Briens, my friends, and my loving boyfriend, Michael, for their continued love and support throughout my education.
Amanda Micucio, D.O.

Wilmington, DE
B.S. • Villanova University
Thomas Jefferson University/Down Hospital for Children Pediatrics, Pediatrics

Dad - I didn’t turn stupid all of a sudden, after all. Thanks for reminding me.
Lance - Thank you for bringing me some of my greatest happiness. You can pay off my loans whenever you’re ready.
Mom - I made it with your love, support, confidence, and packages of food. So much of who I want to be, I learned from you.
Girls - Because of you, I will look back on the four difficult years of medical school and remember only love and joy.

Lamont Mitchell, D.O.

Montclair, NJ
B.A. • Rutgers University
PCOM/Frankford Hospital, Emergency Medicine & Family Medicine

This has truly been an inspirational and rewarding experience these past years of my life. Hindsight has given me the pleasant opportunity to reflect on everything and everyone that has provided me with welcome memories. Family and friends have been an incomprehensible fabric to this enriching and unforgettable process. With that, I especially thank my mother, brother, and mentor for the warmth in their hearts and for being such great people in my life...THANK YOU SOM.
Raquel Murphy, D.O.

Corona, Queens, NY
B.S. • CUNY - Hunter College
UMDNJ-SOM/Christ Hospital, Jersey City, NJ, Family Medicine

Remember that your influence begins with you and ripples outward...be sure that your influence is both potent and wholesome. --Heider

"Por fin logre me meta, no lo pude hacer sin mi familia: mami, papi, y cookie. I will love you three always."

--Sofia
John Neidecker, D.O.

North Babylon, NY
B.S. • High Point University
UMDNJ/Kennedy Health System, Family Medicine

Kenneth Ng, D.O.

Wantagh, NY
B.A. • New York University
Schneider Children's Hospital, New Hyde Park, NY, Pediatrics
Jennifer Ongchin, D.O.
Cresskill, NJ
B.A. • Columbia University
Yale-New Haven Hospital, Internal Medicine

“Follow the nature.” Juanito Ongchin, MD (the wisest man I know)

To my wonderfully supportive, encouraging, and most awesome family ever -
I love you and thank you for loving me.

Scott Osborn, D.O.
Edison, NJ
B.S. • The Richard Stockton College of New Jersey
Martin Army Community Hospital, Ft. Benning, GA, Family Medicine

“Follow Your Heart, that’s what I did” - Doug Skinner

“What do you got in that thing? More than you can handle” - American Graffiti

“Judge not, that you not be judged. For with the judgment you pronounce you will be judged, and the mea-
ure you give will be the measure you get.” -Matthew 7:1-3
Naresh Patel, D.O.

Woodbridge, NJ
B.S. • Rutgers University
St. Barnabas Hospital, Pathology

“We are born for wonder, for joy, for hope, for love, to marvel at the mystery of existence, to be ravished by the beauty of the world, to seek truth and meaning, to acquire wisdom, and by our treatment of others to brighten the corner where we are.”

-Dean Koontz

Richard Phelps II, D.O.

Avon, CT
M.S. • University of Connecticut
Hartford Hospital/The Institute of Living, Psychiatry

I want to thank my family for their love and guidance. As I look back, I couldn’t do it without them. I made friends that will last a lifetime, from studying in the trenches together to teaching one or two how to fish. Now I know who to call for a skin rash, a cough etc... The last shout out is to the one who watches over my shoulders. I sat next to you at 15 yrs old and promised this, consider it signed, sealed and delivered.
Christopher Picciotti, D.O.
Blackwood, NJ
B.S. • Florida Institute of Technology
UMDNJ-SOM/ Kennedy Health System, Emergency Medicine

Pierre Pierre Louis, D.O.
Bloomfield, NJ
B.S. • Bloomfield College
PCOM, Internal Medicine

I would to thank first and foremost GOD for leading me thus far and further!!!
I want to send a special THANK YOU to my whole family for helping me reach this level of my education! My brothers, Sisters and my wife, Chantal, I am truly grateful for your supports and guidance. Thank you all for everything!!!!!
But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law. Those who belong to Christ Jesus have crucified the sinful nature with its passions and desires. Since we live by the Spirit, let us keep in step with the Spirit. Let us not become concieted, provoking and envying each other. Galatians 5:22-26.
Bernadette Quihuis, D.O.

Tucson, Arizona
B.S. • University of Arizona
WesternU/Comp/Pacific Hospital of Long Beach, Family Medicine

"By planting one’s self in their soul of choice, one could be happy with their place on earth. By nourishing one’s self with god, family, and friends; one’s soul learns to reveal their place in eternity."

~By, Beanie

Jorge Ramos, D.O.

Lodi, NJ
B.S. • Rutgers University
Yale-New Haven Hospital, Internal Medicine
Daniel Ratliff, D.O.
Princeton, NJ
B.S. • University of Mary Washington
Drexel University/MCP Hahnemann, Internal Medicine

Tahshann Richards, D.O.
Bronx, NY
M.P.H. • The George Washington University
St. Barnabas Hospital, Bronx, NY, Family Medicine

My ultimate thanks to God, MOM & DAD for your inspiration and belief in me; ‘Lil Sis & Bros for your everlasting support; Stanny for watching over me; Joe for life’s greatest gift; Anais & Zyon for showing me the purest form of life & love; Wallace for vision; Paula for wisdom; Alooma, Michelle, & Helen for invaluable friendship; and Olu, Dave, Is, Roy, Wasiu, Lamont, Pierre, Steve, KMack, Dean, Nzingha, Anj, Kristina, Jacinta, Bernie & Hawwa for your unbreakable spirit. Class ’07 One Love!
David Richter, D.O.

Denver, CO
B.F.A. • University of Colorado
Oregon Health & Science University, Emergency Medicine

Kristina Rueckner, D.O.

San Antonio, TX
B.A. • Trinity College
Texas Tech Lubbock, TX, Family Medicine

I can never do anything easy and the last 4 years have been no different. At times I wanted to give up, but with the support and encouragement of my loved ones I made it. Call me doctor!!!

Thanks, Kristina
Jenna Russo, D.O.
Bloomfield, NJ
B.S. • Villanova University
Jefferson Hospital, PA, Dermatology

Special thanks to my parents and grandparents for all of their love and support. I love all of you and couldn’t have come this far without you.
Thank you to my fiancé Chris for keeping me sane and making me smile. I love you.

Steven Sapida, D.O.
San Diego, CA
M.S. • California State University, Los Angeles
UMDNJ-SOM/ Kennedy Health System, Family Medicine

En mis mas gratos recuerdos, mi familia siempre esta presente. Son el tronco que me mantiene en pie. Gracias por las palabras de aliento que todos me brindaron. Florecita, me agarraste de la mano y me brindaste tu luz para no tropezar. A mis sagrados tesoros, en mi alma estaran siempre. El hero es alguien que se enfrenta a las situaciones de la vida con valentía a pesar de sus temores. Ahí muchas metas que alcanzar, yo recien estoy empezando. No contaban con mi astucia!
Kelly Schiers, D.O.

Hainesport, NJ
B.S. • Saint Joseph’s University
UMDNJ-SOM/ Kennedy Health System, Traditional Rotating Internship

“To my parents - thank you for all of your support and unconditional love. Everything that I have accomplished so far has been because of your belief in me. To Dennis - thank you for the reminders that the most important thing in life is to be happy. I love you with all my heart. To Kris - I have never been so happy as the day you were born. You are my best friend and the most amazing sister anyone could dream for. And, to my friends and classmates - good luck in all your future endeavors... I know you’ll do great things.”

Janaki Shah, D.O.

Hoffman Estates, IL
B.S. • Villanova University
Medical College Wisconsin Aff. Hospitals, Internal Medicine

Mom and Dad- I am so thankful for all of the hard work and all that you gave up to allow for my success. I love you so much, and I hope that I accomplish half of what you have.

Friends- Because of you, I have remembered to enjoy this journey and not focus on the destination. I am so proud of each of you and thankful to have gone through this with you.

“Be the change you wish to see in the world.” –Gandhi
Michelle McKinlay, D.O.
Collingswood, NJ
B.S. • Union College
Wright Patterson Medical Center, Dayton, OH, Psychiatry

Marina Shcherba, D.O.
Brooklyn, New York
B.S. • Long Island University
Beth Israel Medical Center, NY, Internal Medicine

“If you have built castles in the air, your work need not be lost; that is where they should be. Now put the foundations under them.”  - Henry David Thoreau

And let us all remember that “Life is not measured by the number of breaths we take, but by the moments that take our breath away.”
Gilbert Siu, D.O., PhD
Kendall Park, NJ
UMDNJ-Graduate School of Biomedical Sciences,
Crozer-Keystone Delaware County Hospital, Traditional Rotating
Temple University Hospital
Physical Medicine and Rehabilitation

Justin Skolnick, D.O.
Manalapan, NJ
B.A. • Rutgers University
UMDNJ/Kennedy Health System, Emergency Medicine

Original Quote: “Life is too short to focus on the negative. Love your family, love your friends, love your work and live life to its fullest. Believe that anything is possible, and make the improbable a reality.”

Unoriginal Quote: “My doctor gave me six months to live, but when I couldn’t pay the bill he gave me six months more.” - Walter Matthau.
Archna Snehi (Parmar), D.O.

Piscataway, NJ
B.A. • Rutgers University
St. Peter’s University Hospital, Internal Medicine

“Success is a journey, not a destination.” - Ben Sweetland

I want to thank my husband, my parents, my brother, my friends and the rest of my family for always being there for me. I could not have done it without their support. I want to thank everyone at SOM for making it such a memorable journey. I wish everyone a wonderful and successful journey ahead.

David Sulkowski, D.O.

Bel Air, Maryland
B.A. • St. Mary’s College of Maryland
Madigan Army Medical Center, Tacoma, Washington, Pediatrics

Go Ravens!
Kathryn Sulkowski, D.O.

Bel Air, Maryland
B.A. • St. Mary's College of Maryland
Madigan Army Medical Center, Tacoma, Washington, Family Medicine

“Live as if you were to die tomorrow. Learn as if you were to live forever.”

- Gandhi

Dalal Taha, D.O.

Hillsdale, NJ
B.S. • The College of New Jersey
UMDNJ-Robert Wood Johnson University Hospital, Pediatrics
Shaun Tamashausky, D.O.

Colonia, NJ
B.S. • The Richard Stockton College of New Jersey
UMDNJ/Kennedy Health System, Emergency Medicine

Ismael Tamba, D.O.

Rochester, NY
M.P.H. • Tulane University
Crozer Keystone Health System, Drexel Hill PA, Traditional Rotating

“The ultimate measure of a man is not where he stands in times of comfort and convenience, but where he stands in times of challenges and controversy.”

Thank you Sasha for your unconditional love, friendship, and support. I couldn’t have made it through these years without you. I Love you. Thanks to my family and friends for their encouragement and support. A special thanks to my parents for making me who I am.
Aubrey Troutman, D.O.
Collingswood, NJ
M.A./M.S. • Teachers College, Columbia University
UMDNJ/Kennedy Health System, Family Medicine

Elizabeth Tsai, D.O.
Montville, NJ
B.A. • Johns Hopkins University,
UMDNJ-Robert Wood Johnson University Hospital, Family Medicine

To my family: thank you for everything. To Dr. Lambert and Dr. Finan-Duffy: thank you for being great mentors. To Dr. Cavaliere: thank you for introducing me to the wonderful world of geriatrics. My achievements in medical school could not happen without your encouragement, guidance and support. To Gil, Ramya, Aubrey, and Pierre: thank you for the memories and friendship. To Jen: thank you for always being there.

" Truly great friends are hard to find, difficult to leave, and impossible to forget. " ~ G. Randolf
Seth Vatsky, D.O.

B.S. • Rutgers University
PCOM/Frankford Hospital, Traditional Rotating Internship

Ramya Vedula, D.O.

Princeton, NJ
B.A. • Temple University
Drexel University College of Medicine at St. Peter’s University Hospital, New Brunswick, NJ
Internal Medicine
Jeffrey Vernon, D.O.
East Windsor, NJ
B.A. • Brandeis University
Westchester Medical Center, Valhalla, NY, Psychiatry

Mukesh Wadhwa, D.O.
Maplewood, NJ
B.S. • New Jersey Institute of Technology
Christ Hospital, Jersey City, NJ, Traditional Rotating Internship

I would like to thank the faculty at UMDNJ-SOM (most importantly, Dr. Lee and Dr. Cavalieri) for providing me with fundamental knowledge necessary to achieve the pinnacle of medicine. Best wishes to my buddies, Dennis and Francis; we had some great times together. I would like to wish the rest of the class much success in the future. Finally, I want to thank God and my family for their continued support.
What a journey?! The past four years have been a true testament of God’s unfailing love, grace and faithfulness. Thank you Mom for your strength, love and constant support, I love you! To my other parents, the Byrd’s and the Hamilton’s, thank you for loving and taking care of me as your own. I, of course could not imagine SOM without all of my friends! I’ll forever miss late night study group, meddie ball, sushi nights, and 105 Cornell! Class of 2007, here we go!
Pauline Wu, D.O.

Parippany, NJ
B.S. • Rutgers University
VA Great Los Angeles Health System, CA, Psychiatry

Mom and Dad, Every good thing about me is because of you. Thank you, Mister. For better or for worse, forever is not enough. To 105: I live, laugh, and love more because of you; I’d do it again in a heartbeat. Yas, the gift that keeps on giving. Janaki, sweeter than the best gummies. Mandy, my brightest angel. Anj, phormal and forever beautiful. Love you tons, my crazies.

Yasaman Zarrabi, D.O.

Rumson, NJ
B.A. • Cornell University
NYU School of Medicine, Pediatrics

Mom and Dad: I owe all of my success to having the most amazing parents. Thanks for all your love and support. I could never have come this far without you! Del: You are my best friend, my rock, and my fashion consultant. Thanks for always taking care of your big sis. I love you. My girls: Words cannot express how lucky I feel for having endured the past four years with you. I love you all and know our friendships will last a lifetime!
Congratulations Class of 2007!

The 2007 Yearbook Committee:
(sitting, l-r): Aubrey, Colleen, Khayriyyah, Anjali, Michelle
(standing, l-r): Yasaman, Megan, Dean, John, Aarti, Jennifer
(not pictured Amanda and Janaki)

Dear Class of 2007,

First and foremost, it has been a pleasure assisting in the production of the class of 2007’s yearbook. Thank you to the other fourth years that helped with the yearbook: Michelle Duhaney, Colleen Eng, Aubrey Troutman, Aarti Dalal, Anjali Godambe, Yasaman Zarrabi, Jennifer Ongchin, John Neidecker, Megan Maurer, Janaki Shah, and Amanda Micucio. WE all would like to give a very special thanks to Dean Micciche for his help with the yearbook and many other endeavors.

Through the years, after the completion of our education, after the first practicing years, achieving much success, look back and remember SOM. I hope this book is a representation of those years. You all will be missed (Smile!)

With great love,
Your Classmate and Friend

Khayriyyah Mack, D.O.
2007 Yearbook Committee Chair
In Remembrance

Lloyd Forman, Ph.D.
Associate Professor
Department of Cell Biology

Nicholas Sayles, D.O.
Member of the Class of 2007

We will miss you.