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# **Do Patients Require Emergency Department Interventions After Prehospital Naloxone?**

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## **Study Aims**

**Background**: Patients receiving naloxone for suspected opioid over- dose in the prehospital setting are typically transported to the emergency department (ED) for further evaluation, regardless of Glasgow Coma Scale (GCS).

**Objective**: The objective of our study is to determine whether patients with GCS >= 14 after receiving prehospital naloxone received additional doses of naloxone and medical inter- ventions in the ED compared with those with GCS <14 after prehospital naloxone.

## **Methods**

- A retrospective observational study of EMS and ED medical records was used to collect data. The Cooper University Hospital Institutional Review Board approved our study.
- Included patients >=18 years old treated with naloxone and transported by an inner-city hospital-based Emergency Medical Services (EMS) to its affiliated ED from January 2, 2016 to December 31, 2016.
- Categorical data are presented as proportions and tested for significance using chi-square or Fisher exact tests.
- The main outcome measures were repeat doses of naloxone and ED interventions.

### **Results**

• 473 patient encounters were reviewed.

University Health Care

- Most common route of prehospital naloxone administration was intranasal (68%).
- Nearly two-thirds (n=473) of patients had GCS >= 14 upon ED arrival
- Repeat naloxone was administered to 3.5% (n = 314) of patients with GCS >= 14 versus 14.6% (n = 159) of patients with GCS <14.
- ED interventions, such as airway maneuvers, laboratory and radiology testing, and cardiac monitoring, were less common among patients who had improved GCS of 14 or higher (n = 314)
- There were 8 deaths among patients with GCS <14 (n = 159) and no deaths among patients with GCS > = 14 (n = 314).

### Introduction

According to the Centers for Disease Control and Prevention the Opioid use disorder has been described as a national epidemic. Naloxone, an opioid antagonist, reverses opioid overdose when given in a timely manner. This study is to analyze whether varying levels of GCS has an impact on if a patient is administered additional doses and medical interventions in the ED.

ED Intervention	$GCS \ge 14 \ (n = 314)$	GCS (n = 159)	Р
Positive pressure ventilation	5 (1.6%)	20 (12.6%)	< 0.001
Negative pressure ventilation	14 (4.5%)	16 (10.1%)	0.019
Intravenous fluids	24 (7.6%)	56 (35.2%)	< 0.001
Cardiac monitoring	14 (4.5%)	37 (23.3%)	< 0.001
Electrocardiogram	35 (11.1%)	68 (42.8%)	< 0.001
Continuous pulse oximetry	125 (39.8%)	58 (36.5%)	0.466
Point-of-care blood glucose measurement	174 (55.4%)	90 (56.6%)	0.834
Laboratory tests	97 (30.9%)	91 (57.2%)	< 0.001
Radiology imaging	42 (13.4%)	62 (39.0%)	< 0.001
Cardiopulmonary resuscitation	1 (0.3%)	10 (6.3%)	< 0.001

ED, emergency department; GCS, Glasgow Coma Scale.

ED Disposition	$GCS \geq \!$	<b>GCS</b> $(n = 159)$	Р
Discharge	242 (77.3%)	91 (57.2%)	< 0.001
Admission	13 (4.2%)	45 (28.3%)	< 0.001
Left against medical advice	14 (4.5%)	6 (3.8%)	0.727
Eloped/LWBS	43 (13.7%)	5 (3.1%)	< 0.001
Expired	0 (0.0%)	8 (5.0%)	< 0.001
Transfer to another facility	1 (0.3%)	5 (3.1%)	0.018
Length of stay	189 min	355 min	< 0.001

ED, emergency department; GCS, Glasgow Coma Scale.

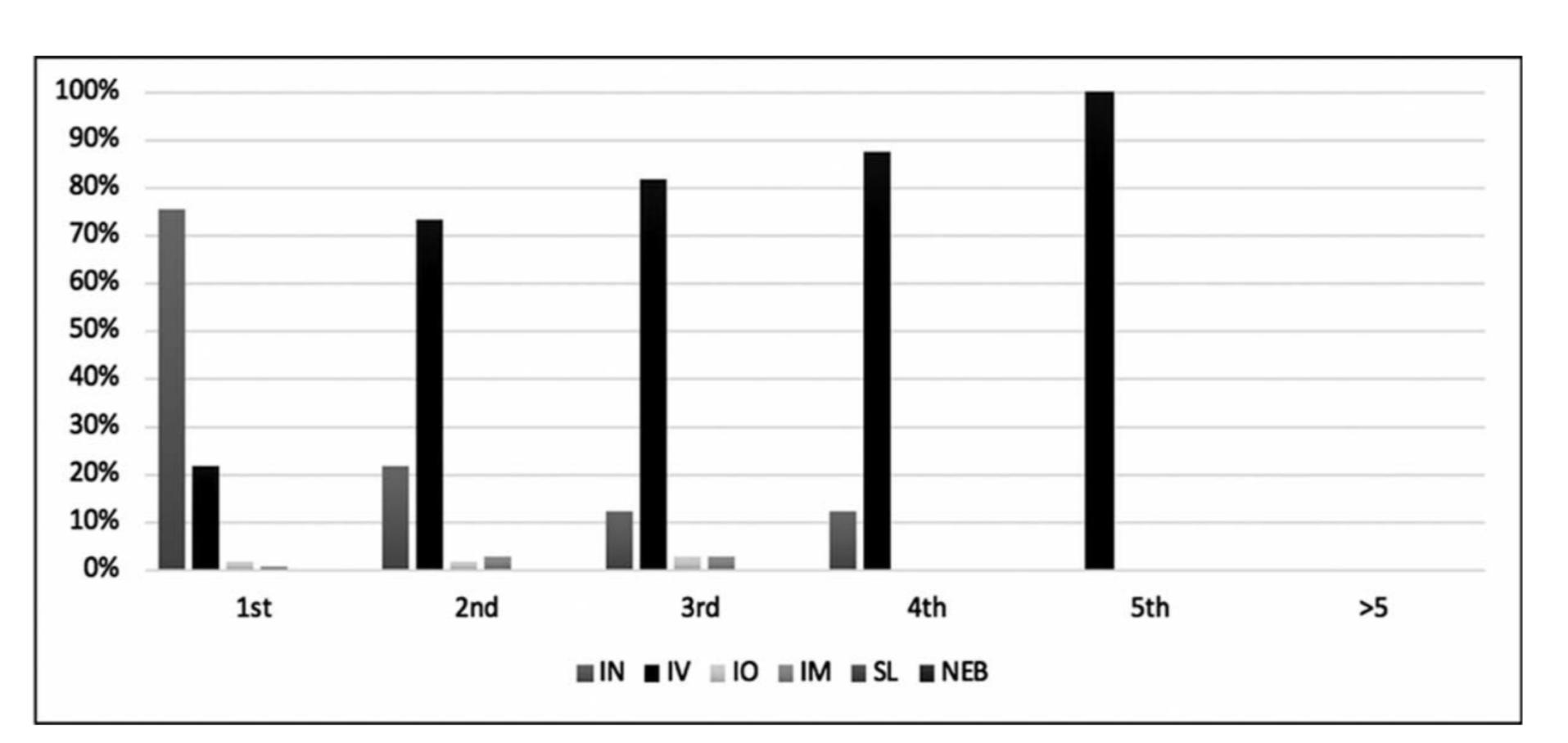
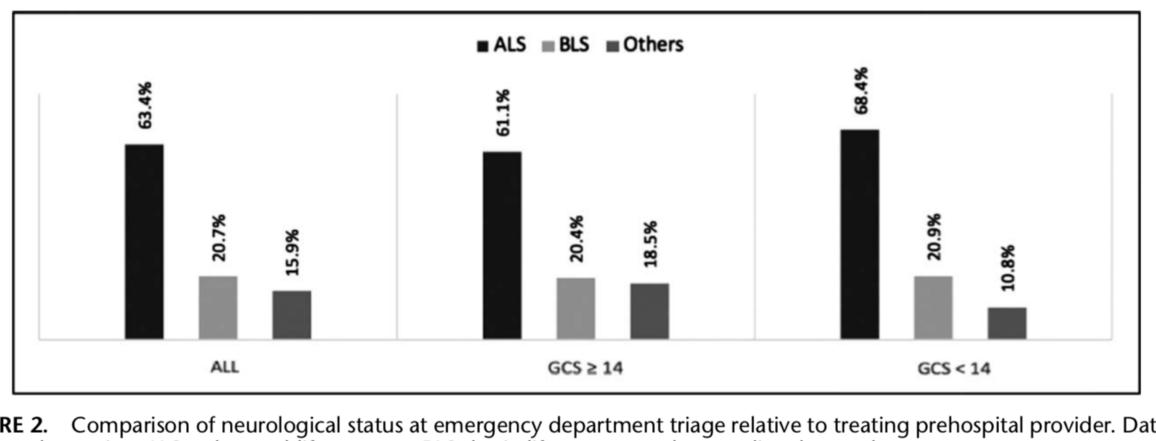


FIGURE 1. Ratios of naloxone route of administration relative to doses of naloxone provided. IM, intramuscular; IN, intranasal; IO, intraosseous; IV, intravenous; NEB, nebulized; SL, sublingual.

### **Discussion**

- <14.



## **Conclusion**

**Patients with GCS score >= 14 after administration of prehospital** naloxone are less likely to receive additional naloxone doses and medical interventions in the ED compared with those with a GCS score <14 after prehospital naloxone and may present an invaluable opportunity for the ED to initiate an addiction treatment program for patients with nonfatal overdose.

## **References:**

Over one-third of patients in both comparison groups were given multiple doses of naloxone, with a majority of the first dose being given IN and subsequent doses being given IV.

• A large proportion of patients who present to the ED with GCS >=14 after receiving prehospital naloxone do not require repeat naloxone dosing throughout the ED evaluation.

Patients with GCS >= 14 before ED evaluation are less likely to receive ED interventions when compared with patients with GCS

• The average LOS for patients with GCS >= 14 compared with GCS<14 was significantly shorter and the average LOS for patients with GCS <14 who were admitted versus who were not admitted was also significantly longer (664.5 vs 311 minutes).

**FIGURE 2.** Comparison of neurological status at emergency department triage relative to treating prehospital provider. Data are presented as ratios. ALS, advanced life support; BLS, basic life support; others, police, bystander.

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