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#### **ORIF of Radius and Ulna Video Demonstration**

Deep Patel
Cooper Medical School of Rowan University

David A. Fuller MD

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# ORIF of Radius and Ulna Video Demonstration

Cooper Medical School of Rowan University

1. Department of Orthopaedic Surgery, Cooper University Hospital 2. Cooper Medical School of Rowan University

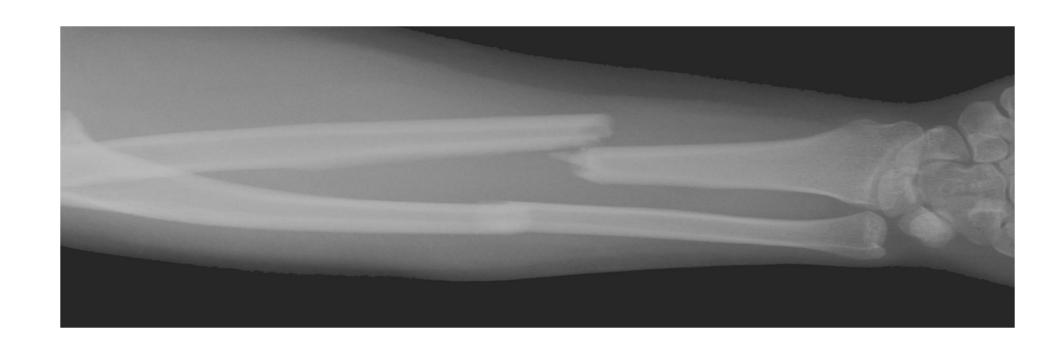
Deep K. Patel BS<sup>2</sup>, David A. Fuller MD<sup>1</sup>

## Background

Video is an emerging medium that has become an invaluable resource within education. It allows for a multisensory, both visual and auditory, means for students to learn quickly and effectively. We hope to contribute to a growing peer-reviewed video library using this technology.

#### **Case History**

• 24-year-old, female involved in motor vehicle accident pain and deformity in non-dominant forearm



## Research Question

Can we film and produce high-quality educational video content for learners within the orthopaedic community?









ORIF X-Ray films

## Fig 2: Post-operative

These are films taken of the patient at Cooper University Hospital prior to and after surgical intervention

#### Methods and Materials

#### Indication for Surgery:

• Displaced, unstable forearm shaft fractures

#### Positioning:

Supine

#### 2 Approaches were demonstrated:

- Direct, Subcutaneous Ulna
- Anterior (Henry\*) Radius

#### Implants used:

• 3.5 dynamic, compression plates

#### Filming:

 A digital single-lens reflex camera, video editing software, USB condenser microphone

#### Results

 A video was directed, filmed and produced demonstrating surgical techniques used for definitive fixations of these fractures

## Discussion

- During pre-operative planning, video angles and key shots of interest were established
- During filming it was critical to maintain the surgical sterile field and patient safety
- During production, the audience was critically considered - addressing video length and narration to maintain attention and interest

#### **Future Directions:**

This video demonstration contributes to a growing library of peer-reviewed video educational content facilitating the advancement of medical education



Fig 3: Anatomic reduction

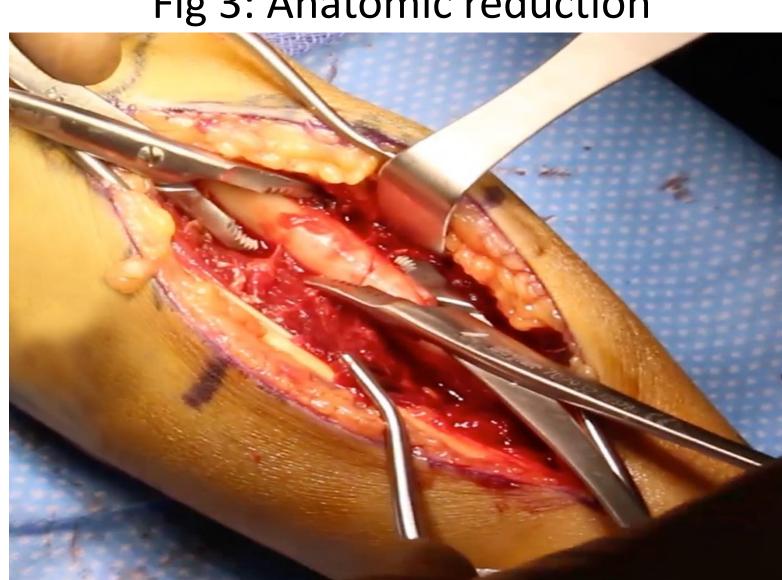


Fig 5: Anatomic reduction



Fig 4: Plate fixation

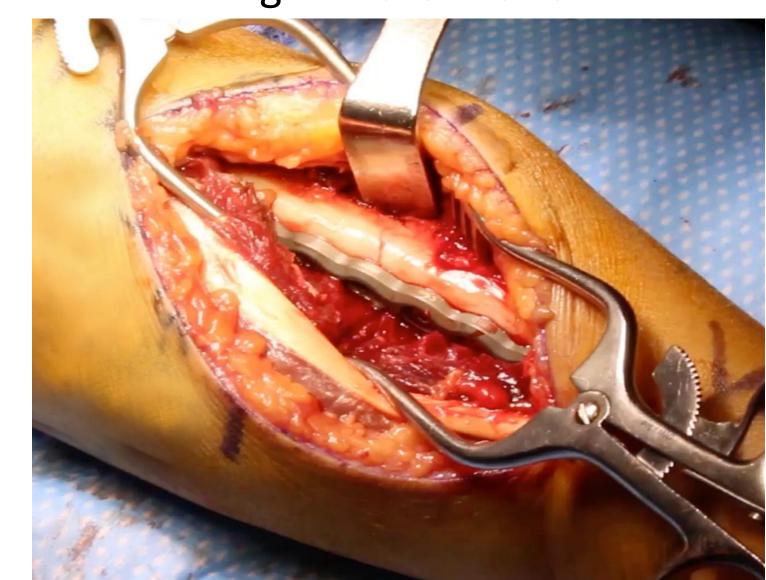


Fig 6: Plate fixation

These images display intra-operative reductions and definitive fixations of this patient's fractures

## Acknowledgements

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