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Further Understanding the Efficacy of Music-Based Cognitive Remediation Therapy for Patients with Traumatic Brain Injury

Sruthi Nanduri
Rowan University

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Further Understanding the Efficacy of Music-Based Cognitive Remediation Therapy for Patients with Traumatic Brain Injury

Sruthi Nanduri

Under the Guidance of Dr. Jillian Baker, DrPH, EdM

Medical Scholarship Department, Rowan School of Osteopathic Medicine Stratford, NJ 08021



Objective

To further assess the efficacy of music-based interventions in patients with traumatic brain injury and its therapeutic application to cognitive, motor and sensory deficits due to neurological sequelae

Introduction

- Traumatic brain injury is a direct result of an external force disabling neurological and neurophysiological functioning
- Sensory, motor, emotional, language and cognitive functioning impaired
- Treatment is usually cognitive remediation therapy (CR)
 - In correspondence, music enhances cognitive performance via neural plasticity
- Current literature shows preliminary evidence of the positive results of music in parallel with CR.

Hypothesis

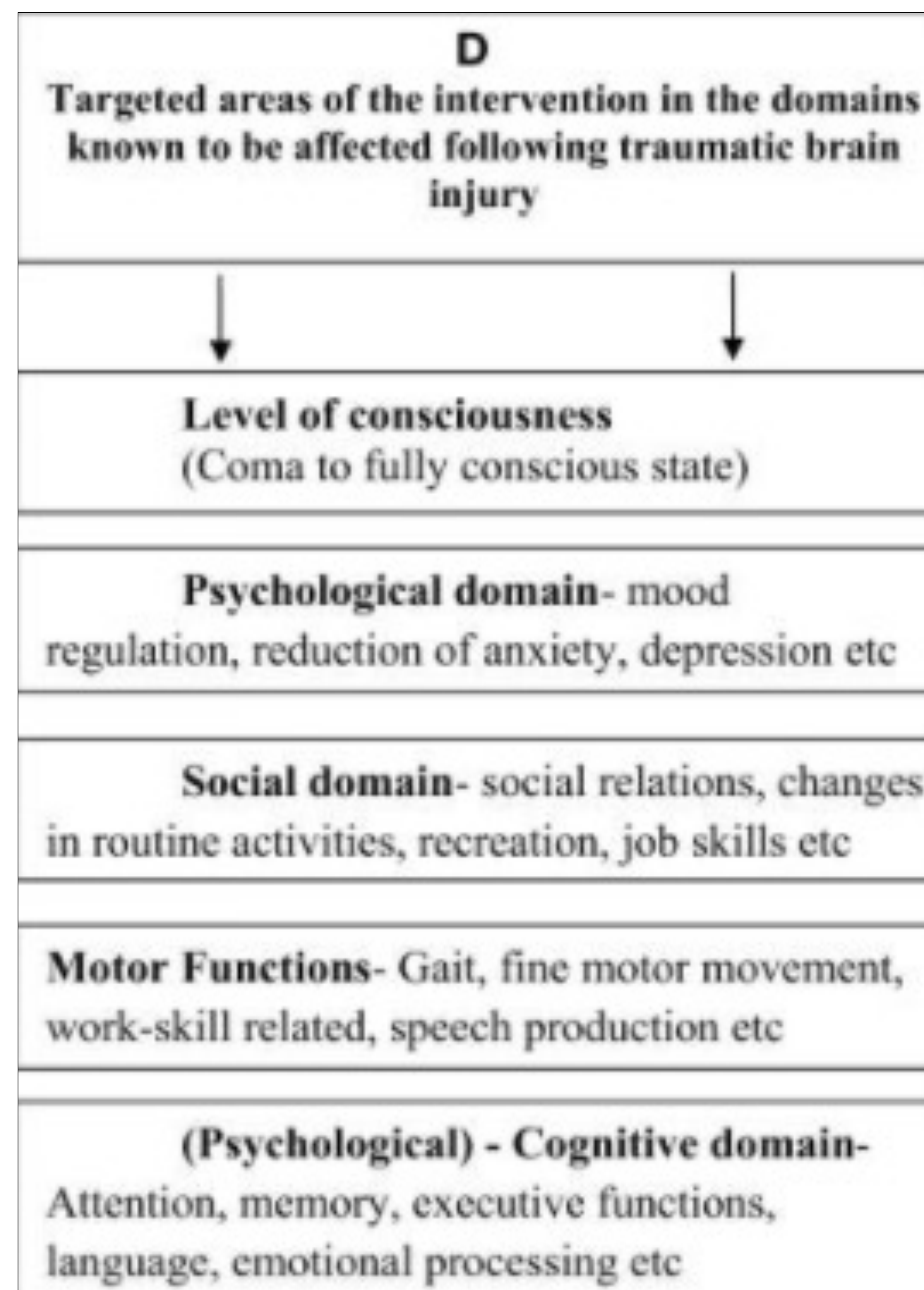
Music based cognitive remediation therapy will induce neural plastic change and influence emotional stability/control, as well as social enhancement in patients who have suffered traumatic brain injury.

Methods

- Study Design: Literature Review of adult patients (ages 16-60) who have suffered adult traumatic brain injury
- Data Extraction/Extrapolation: Conduct pre-cognitive remediation therapy self evaluation in comparison to results at the end of therapy
 - Gather patient satisfaction data
- Perform neuropsychological testing including; neuroimaging, semi-structured interviews, fMRI and training logs throughout the course of the study.
- Subsequent analysis will be performed to understand potential limitations and significance of additive music therapy to cognitive remediation therapy.

Limitations

- It is hard to quantify self-reported qualitative data
- Scientific evidence for the efficacy of music based - intervention to improve cognitive, sensory and motor functioning is limited
 - Symptoms among patients with TBI are not standardized
 - No control
- Further review, such as systematic review and/or meta-analysis would be a significant contribution to this topic



Hegde et al 2014

