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Pseudogout, A Case of Rejection-Associated Pain

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Introduction

- Calcium pyrophosphate dihydrate deposition in a joint can present as acute synovitis, known as pseudogout
- This condition has been long associated with hyperparathyroidism, however, its connection with Tacrolimus use has only recently been documented.¹

Case Presentation

History

- 66-year-old male who presented for evaluation of pain and swelling of his right knee and left ankle, impeding his ability to ambulate. He had a history of a liver transplant for which he was taking 7 mg of Tacrolimus daily for about a year. He was admitted to the hospital to rule out septic arthritis.

Physical Exam

- Swelling and erythema were noted in his right knee and left ankle joints
- Difficulty and pain with ambulation

Investigations

- His calcium was low at 8 mg/dL
- Parathyroid hormone level was elevated to 127 pg/mL
- Alkaline phosphatase level elevated to 121 unit/L
- Tacrolimus level was within goal range 10.3 mcg/L (10-12)

Clinical Course

- The patient was empirically started on broad-spectrum antibiotics in the Emergency Department
- Aspiration of his knee joint space yielded calcium pyrophosphate crystals without evidence of infection (nucleated cell count 20,000, culture had no growth at 3 days)
- Xray of his knee demonstrated moderate chondrocalcinosis of the menisci and a moderate joint effusion
- Antibiotics were discontinued; he was treated with systemic IV methylprednisolone.



Image 1: Calcium pyrophosphate depositions in the lateral joint space

Discussion

- This is a unique case of a 66-year-old male presenting with pseudogout in the setting of tacrolimus use after liver transplant
- His tacrolimus level was within the goal range for allograft transplant rejection
- Tacrolimus is thought to cause hypocalcemia by increasing calcium excretion at the level of the kidney²
- The decrease in serum calcium because of Tacrolimus use is suspected to have caused secondary hyperparathyroidism in this patient, leading to acute calcium pyrophosphate crystal arthritis.

References

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2. Gratreak, BDK, Swanson, EA, Lazelle, RA, et al. Tacrolimus-induced hypomagnesemia and hypercalciuria requires FKBP12 suggesting a role for calcineurin. *Physiol Rep.* 2020; 8:e14316. <https://doi.org/10.14814/phy2.14316>